



## March 2024 Spin Class Schedule

<b>Time</b>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
5:45 - 6:30 AM					
12:10-12:45PM	Spin w/Zach	Spin w/Craig	Spin w/Zach	Spin w/Craig	Spin w/Hannah
1:00 – 4:30 PM					
4:30 - 5:15 PM					
5:30 - 6:15 PM					

Call 812-238-7311 or e-mail: [clunford@uhhg.org](mailto:clunford@uhhg.org)

Classes are FREE for members

For non-members: \$5.00 per class